

Blizzard Handbook

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Welcome to the CBSC Blizzards Soccer Club

The Blizzard Soccer Club is the competitive program of the Chequamegon Bay Soccer Club (CBSC). The CBSC is a not for profit organization established to promote and develop an interest in soccer in the Chequamegon Bay Area by sponsoring, organizing and operating competitive, developmental and recreational soccer teams for children up to the age of 19.

The aim of this handbook is to provide parents and players an overview of the CBSC Blizzard Soccer Club and also to answer questions you may have regarding teams or the club. If after familiarizing yourself with this handbook, you have any additional questions, please feel free to contact the club on the CBSC e-mail **president@cbscblizzards.org** or direct written enquiries to the club mailing address.

This handbook may be amended or republished at anytime by the CBSC board of directors. The officially adopted by-laws and articles of incorporation of the CBSC shall supersede the policies and procedures set forth in the handbook. Contact the club administrator if you are interested in obtaining copies of these documents.

CBSC Blizzard wish you an enjoyable soccer season and remind you that the spirit of the game and tenets of sportsmanship shall serve as the foundation for all activities associated with the club.

Philosophy of Chequamegon Bay Soccer Club

Mission Statement

CBSC Blizzard are committed to providing a superior inclusive soccer experience for all of the area's youth by offering highly competitive travel team opportunities. This commitment is accomplished through an organization of volunteers and soccer professionals, who administer the programs. It is our intent as an organization to promote honor, integrity, teamwork, perseverance, confidence and sportsmanship both on and off the field.

Sportsmanship

Sportsmanship is emphasized in every activity CBSC Blizzard players participate in. Emphasis is placed upon good sportsmanship, technical / tactical development and team spirit.

Playing Time

Playing time on all Blizzard soccer teams will be dictated by the coach / trainer. Playing time will be determined on several factors which will include but not limited to:

- 1. Attendance at games and practices
- 2. Attitude towards games and practices
- 3. Player Ability
- 4. Game Situation

However the club encourages all coaches to make the substitutions when they feel fit, so that all players receive adequate playing time to improve their game skills.

Attendance

The commitment the players and parents make towards the team / club at the start of every season are as follows:

- Attend 2 practice sessions a week
- Attend all scheduled league games
- Indoor Soccer (usually January through March)
- Attend 2 or 3 tournaments per season
- The coach may authorize a player's absence from practice or a game following a discussion with the player or parents.

Selection Process

How are Players Selected?

Players are selected on the basis of open tryouts from those players who participated in the CBSC fall league. These tryouts are conducted by CBSC Blizzard coaches who are recognized for their ability to identify and train players. Exceptions: Players who are injured and unable to play during the fall may tryout by providing CBSC with a physician's documentation. Players who move into the area after the fall soccer program has started may tryout. Players may also be selected with scouting techniques, recommendations, and invitations to certain players with the open tryouts. The BOD may change this process as necessary to field teams at all age levels.

Selection of these players is not an easy task. The Head Coach is assisted in the selection process by several other qualified coaches from the club. Players are evaluated on four components that make up a soccer player.

- 1. Technique
- 2. Tactics
- 3. Fitness and athletic ability
- 4. Psychological component (attitude)

Players interested in playing up a year

The DOC/CBSC Board is responsible for placing players at the appropriate level. As a general rule we do not let players U7 thru U14 play up a year – this is a USSF recommendation. Such a request shall be in writing and included in the registration materials. At CBSC there are circumstances where a player will be allowed to play up, these include but are not limited to:

Move ups will be granted only if:

A. The player requesting the move up has the physical ability to compete at the requested age;

- B. They will be an impact player on the higher age level team
- C. There is an open spot at the age level requested (a move up cannot trigger a tryout);
- D. The move up will not jeopardize the viability of the age appropriate team;
- E. The first priority for move ups shall be for players moving to an age group that includes the majority of players in their school grade
- F. A team does not have enough players at that age group and players are needed to fill the roster.
- G. They have the permission from the DOC. & CBSC Board
- H. Move up requests are good for only one season; additional move ups must be requested in writing each season.

Player Code of Conduct

Player's duties are for their team first and themselves second. Soccer is a team sport that requires the skills and efforts of many to act as one. In accepting a roster position on a Blizzard soccer team, players and their families acknowledge that they are now part of a competitive traveling soccer program that wins and loses as a team, not as individuals.

Winning teams in any field of competition, have much in common. These teams are organized, disciplined, unified in purpose and focused. They exhibit camaraderie both on and off the field, are selfless, driven, and respectful. With this in mind the following guidelines are set forth:

- I will attend each practice with the intent to work hard and listen to coaches.
- I understand that all practices, camps, games, and tournaments are MANDATORY.
- I will come prepared for all weather conditions.
- I will always be prepared with the proper equipment, and uniform at all practices and games. (No jeans or long shorts, shin guards with socks covering are required at all practices and games).
- I will notify the coach of any injury or sickness that occurs on or off the field that may impact my performance.
- I will be a good sports person on and off the field.
- I will work on skills and fitness outside of practice.
- I will be on time to all team activities or notify coaches within 24 hours if I am going to be absent or tardy for games or practices.
- I will notify my coach ASAP of any school events which conflict with team schedules. School will come FIRST! I will keep up with my schoolwork.
- I will be respectful to referees, opposing players, teammates all coaches and parents.
- I will be a role model for all age groups, younger and older.
- I will be supportive of all my teammates, fellow club members, and CBSC Blizzard soccer activities.

- I will address all suggestions, concerns, questions, etc. to my coaches.
- I will turn off my cell phone once I reach practice and the games.

Players unable to meet the commitments of the team or who are involved in inappropriate or disruptive behavior may be asked to leave the team after a parent or guardian and the player have received one written warning from the coach. A coach shall only issue a written warning to the player after first consulting with the Board of Directors.

Parent Code of Conduct

- I will get players to and from CBSC Blizzard team activities in a timely manner.
- I understand that all practices, camps, games, and tournaments are MANDATORY.
- I will pay all CBSC Blizzard team fees in a timely manner.
- I will support coaches and officials working with my child, in order to encourage a positive and enjoyable experience for all. I recognize the importance of volunteer coaches. They are important to the development of my child and the sport. I will communicate with them and support them.
- My behavior will be exemplary at all games and club functions. Parents represent the CBSC Blizzard team and are role models for players. I will not embarrass my child by yelling at him/her, other players, coaches, or officials I will encourage good sportsmanship by demonstrating positive support for all players, coaches, and officials at every game, practice, or other youth sports event. I will applaud a good effort in both victory and defeat. I will refrain from using abusive or profane language.
- I will accept decisions of the game officials on the field as being called fair, to the best ability of said officials. I will not criticize officials, opposing teams, players, coaches, or fans by word of mouth or by gestures. I will never verbally abuse a player, parent, coach, or official.
- I will notify coaches of any injury or sickness that may impact my child's participation.
- I will place the emotional and physical well being of my child ahead of my personal desire to win. I will remember that the game is for youth, not adults.
- I will refrain from the use of drugs, tobacco, and alcohol at all youth sports events.

We recognize that parents have the right and in some cases the responsibility to converse with coaches and managers to understand and voice concerns regarding team and club policies on playing time, team discipline, commitment and other issues. However, it is counterproductive and inappropriate to address these issues on the soccer field in front of other parents or children before, during or after games. If you are doing this on the behalf of your child, think of the embarrassment that it causes him/her to be the subject of a parent / coach shouting match. Further, this type of behavior creates an atmosphere of hostility and physical or psychological intimidation for the

coaches and managers and we feel this is unacceptable. If you have issues related to your child or team, we encourage you to address them over the phone or in a more appropriate and private setting. A 24 hour mandatory waiting period is enforced by CBSC before confronting any coach or team manager.

<u>CBSC has adopted the following policy to protect coaches, managers, players and parents from these disruptive, intimidating and potentially violent confrontations:</u>

Any guardian, parent or family member of Chequamegon Bay Soccer Club who confronts a coach or manager associated with a CBSC team on a playing field or an otherwise public facility regarding team or player issues will be subject to sanctions. At the recommendation of the Travel Director, Coaching Director or CBSC President and pending review by the Club Disciplinary Committee the offending individual(s) will be asked not to attend future games or tournaments for that team for the remainder of the current season. If the individual fails to comply with this request, the player they represent will receive, at a minimum, a two game suspension from the team if not dismissal.

Club Contact Information / Web-Site

CBSC Mail Box

Anything mailed to CBSC Blizzard should be sent to the following address:

CBSC P.O. Box 188 Ashland, WI 54806

CBSC Web Page

https://sites.google.com/a/cbscblizzards.org/chequamegon-bay-soccer-club/

Player Information

Practices

The coach and CBSC board will agree upon practice locations. Additionally the CBSC may arrange to have a professional trainer at designated sessions/locations.

The day of the week and times will vary dependant on coaches/trainers schedules professionally licensed trainers will carry out a minimum of 1 session per week per team or more if agreed on by each individual team.

Practices are held rain or shine. If you do not hear from the coach, please attend practice. If necessary the coach can cancel practice at the field.

All players are strongly recommended to make an investment in their own development beyond formal practice sessions with the team. Players are encouraged to discuss

ideas with the professional trainer/coach to improve their skills, which may be carried out on their own or outside of the scheduled practices. The club may provide specialized sessions such as: goalkeeping, finishing and skills enhancement during the course of the regular outdoor season.

Games

The respective league sets schedules. Usually there are 8-10 games in a season, and these consist of several home and several away. The away games are usually within a two hour drive.

In order to re-schedule games, you must agree upon a mutually set date to replay the game with the opposition, league and subsequent referee and follow the mandates issued by the appropriate league. Failure to do this may result in a fine from the appropriate league.

On game day's officials should be treated with respect. Coaches must not address the referee, assistant referees before, during or after the game in a demeaning fashion. Coaches shall demand the same from all members of their team. Players/coaches are responsible for any fines incurred during or after a game.

Equipment

Every player is expected to attend every practice and game prepared. This means bringing the appropriate size soccer ball (inflated), shin guards, and a water bottle. Shin guards must be worn at all practices and games. For all outdoor games and practices cleats are required.

Eyewear & Jewelry

Some eyeglasses are deemed dangerous by referees and should not be worn during practices and games. Approved eyewear or contact lenses should be worn instead. Earrings and any other forms of jewelry may not be worn during games, no exceptions.

Uniforms

Only club-approved uniforms can be worn for regulation games (league play and tournament). Uniform colors and styles are co-coordinated through the travel team coordinator and must consist of the club colors – Blue and white. Each player purchases one uniform consisting of 2 jersey, shorts, and socks.

Parents are encouraged to replace socks and single pieces of the player's uniform from the club's uniform coordinator.

Both shirts should be bought to every game in the event that players are required to change due to a clash of colors with the opposition team.

Team Administration

Coaches

The CBSC Board will designate coaches for each team.

All coaches are required to be certified through the WYSA, USSF or another national governed soccer federation and have previous years experience in coaching youth soccer players.

New coaches are required to hold a minimum of the USSF 'E' license upon entry in to coaching. Classes are available through the WYSA.

All coaches are required to go through a background check for the safety of players and parents.

Coaches are responsible for teaching to players and their parents the intent and the application of the rules.

It is the responsibility of the head coach to ensure that the parents of each player be made aware of game and practice changes.

Coaches must never place winning over the safety and welfare of players.

Coaches are required to bring to every practice and games:

• Medical releases and liability waiver forms.

However, medical decisions are not the responsibility of coaches. An appropriate and qualified person should handle the diagnosis and treatment of injuries. The coaches role is to direct their players to seek relevant medical treatment.

Soccer coaches in general have a responsibility to be as inconspicuous as possible during a game. Coaches are encouraged to exhibit a friendly and kindly attitude towards their players. The attitude of coaches toward officials should be controlled and undemonstrative.

Coaches Code of Conduct

- Coaches shall be responsible for the conduct of parents, spectators, and players at games.
- To dress appropriately (warm up) and smartly.
- To encourage and be positive in correcting faults.
- To discuss player progress with parents and players.
- To listen to the players.
- To be courteous to referees and assistants.
- To know emergency procedures ambulance telephone numbers and first aid.
- To be capable of working miracles on a regular basis!!!

Team Manager

Team managers handle administrative duties for the team. This lets the coach concentrate on coaching! Each team should have a team manager to act as an assistant to the coaching staff. This team manager is the "point" person for the main communications concerning the Blizzard. Some of the duties included are:

Helping with Registration of Players

The team manger should assist the club's registration coordinator in distributing and collecting player registration materials following the try-outs. Typically ,this occurs in early October/November in preparation for the spring soccer season.

Team Meeting

The team manager will work with the coach (es) to organize a team meeting at the beginning of each season. Topics for discussion should include:

- Practice location
- Game Schedules
- Tournaments
- Plans for supplemental training (Goalie/Finishing/skills enhancement)
- Indoor sessions
- Winter skills enhancement
- Parental education (winter)
- Coaches education (winter)

If tournaments are planned the team manager or another parent volunteer may be called upon to make hotel and travel arrangements.

At this meeting the head coach should discuss:

- Playing time
- Pre-season team training
- Professional training
- Tournaments
- Expectations of players/parents

Team/Individual Training

Following the try-outs that take place during the fall season, teams often include a change of player personnel. In preparation for the spring season it is vitally important that all players are in a comfortable team environment. This will allow the individual to perform to the best of their ability. The player/team development training will prepare players for the upcoming season and also focus on team building to allow the team/player to be fully prepared for the season ahead.

Club Communications

The team manager is expected to maintain a team contact list and to keep the club upto-date with any changes to player contact information. This is especially true for family e-mail addresses (since the club relies on email to distribute timely club-wide information). The team manager is also expected to distribute any club-wide news to any team members who may not receive (or read) email.

Other Team Volunteer Positions

Some team mangers can (and like to) do it all themselves. Others rightfully expect additional volunteers from the other parents of the team. Additional tasks may include:

- Pre-Season Team training Co-Coordinator
- Team Social Coordinator
- Team Tournament Coordinator
- Team Publicist (newspapers, etc.)
- Team Equipment Coordinator

Professional Trainers

CBSC oversees all player development and education. It is the responsibility of the CBSC to approve all professional trainers. We may recruit experienced coaches and players from different soccer nations in the world and experienced teachers of the game. All trainers typically have national coaching licenses issued by UEFA or the USSF.

Winter Skills Enhancement/Training

During the winter months CBSC teams may choose to play indoor soccer to keep their players in sync with the game.

Financial Information

Costs

The board of directors prior to July 31st will determine registration fee schedules and discount every year.

Soccer Fees cover:

- League registration
- Referee fees
- WYSA liability insurance
- Team equipment
- Field costs
- Administration costs
- Tournament entry fees

Uniform and registration fees cover the cost to purchase each players equipment and to contribute to the teams shared equipment (cones, corner flags, keeper equipment, etc.)

There will also be variable costs based upon:

- Number of tournaments other than what is covered in the registration fees
- Usage of professional trainer
- If the trainer/coach require any additional equipment

Financial Obligations

If a parent/guardian is having trouble meeting their financial obligation, please speak with the Travel Team Director as early as possible to make individual arrangements.

In the event a parent/guardian fails to fulfill the financial obligations set forth herein, then the Club reserves the right to pull that player's pass, and that player will be placed in bad standing with the appropriate governing bodies until such time that the financial obligation is satisfied. During this time, the affected player will not be allowed to participate in practices, games, events or other Club activities

Soccer Scholarships

Full or partial waivers from soccer fees may be granted to families experiencing financial hardships. Uniforms are excluded from the waiver. Scholarship applications are available from the club treasurer. Applications must be made in writing and submitted to the board. (CBSC board must approve these waivers in advance).

Refund Policy

Refunds will be given only for try-out cuts, moving out of the area, or failure to form a team.

Club Activities

Pictures

Pictures of teams and individual players may be scheduled each spring. Purchase of any picture sets is entirely up to individual families. CBSC asks all players to be present for picture day even if you do not want to purchase any for yourself, in order to have a complete team picture.

Volunteers

Any successful organization needs many volunteers to make their function smoothly. The CBSC is a volunteer non-for-profit organization. There are many ongoing committees that require additional help on a regular basis. Please contact any board member to offer to volunteer in the following areas:

- Fields
- Equipment
- Web-Site
- Communication

A few times during the year, team managers or coaches will be asking for one day help from families to accomplish a short-term goal. Don't forget that many hands make light work.

Grievances

CBSC Board of Directors provides a forum for any grievances a member may have. Families wishing to dispute the actions or policies of individual coaches are encouraged to first address them with the coach. Grievances requiring the attention of the board should be submitted in writing and sent to the club's mailing address or emailed to any member of the board. Any coach may remove a player from the game or from practice for misconduct. For more severe disciplinary action, the coach must submit to the board in writing a request for further disciplinary action.

Travel Soccer – Level of Commitment

Playing travel soccer demands a very high level of commitment from not only players, but parents also. Outlined below are our expectations of what commitment we expect when players agree to play travel soccer for CBSC Blizzard:

- Attendance at practices (1.5 hours x 2 per week)
- Attendance at all games (8 to10 Spring)
- Attendance of tournaments up to 3 per year– We May attend tournaments on Memorial Day & Graduation Weekends.
- Fall Season August October
- Spring Season April June
- Voluntary Winter Indoor Session (usually Jan thru March)

While we appreciate kids play other sports, we feel it is important that you understand the commitment levels of travel soccer before committing to playing for CBSC Blizzard. In order for players to develop their technical/tactical skills they need to take full advantage of the training sessions offered by their respective teams. This is only fair to other players who have also made the same level of commitment.

Player-Parent Agreement Form

Although a player may have verbally accepted a position to play on a particular team, the player will not be officially put on the roster until the following agreement has been signed by both the player and a parent/guardian.

I understand that I/my child have/has registered to play on a Chequamegon Bay Soccer Club Spring Travel Team. (Please indicate age and gender e.g U12G):______.

I understand and agree that as a member of that team, I/my child have/has certain obligations:

1. To attend all practices and games unless excused for illness or for circumstances beyond the player's control, for example, a required school event or a death in the family (these are illustrations only, and not a Comprehensive list).

2. To attend all tournaments in which the team is participating and to pay a fair share of the expenses therefore, even if unforeseen circumstances prevent participation.

3. To arrive on time for practices and games, and to devote my attention to the practice or game while there.

4. To honor the game by respecting the coach, being a good team player, respecting my opponents and the referees, participating at all times to the best of my ability, and conducting myself in such a way as to reflect well on the sport of soccer and on the Chequamegon Bay Soccer Club.

5. We understand that failure to fulfill our financial obligations to Chequamegon Bay Soccer Club- Blizzard may result in the player being placed "Not in Good Standings" and will result in the player's playing privileges being suspended and or dismissed if the obligations are not fulfilled.

I understand and agree that failure to meet these obligations places a hardship on the other players and harms the team, and that there could be consequences for failure to meet them.

I understand that if I/my child withdraws from the team, the deposit I paid is non-refundable unless there are exceptional circumstances (e.g., move out of the area, etc)

I accept a place on this team and agree to fulfill the obligations set out herein.

Player Signature:	Date:
Parent/Guardian Signature:	Date:

Please include a signed Player-Parent Agreement with your registration form and payment. Thank you.